

Why Meghalaya in Monsoon?

There are few places where the monsoon feels less like a season and more like an invitation. In Meghalaya, the rains unveil a landscape of remarkable beauty, where emerald valleys, mist-laden hills, and magnificent waterfalls create an atmosphere of effortless tranquillity. From the timeless living root bridges of Cherrapunji to the pristine waters of Dawki and the understated charm of Shillong, every journey is curated by nature itself, offering moments of quiet luxury and authentic discovery.

A monsoon escape to Meghalaya is an opportunity to slow down and reconnect with landscapes that remain beautifully untouched. Wake to clouds drifting across your window, savour local flavours amid serene mountain vistas, and explore hidden trails where every turn reveals another breathtaking panorama. Designed for discerning travellers who seek experiences beyond the ordinary, Meghalaya offers a rare blend of natural grandeur, cultural richness, and peaceful seclusion—making it one of India's most enchanting destinations to experience during the rains.

Because it's more than a destination, it's an experience. From mist-covered mountains and world-famous waterfalls to ancient living root bridges, crystal-clear rivers, and warm local culture, Meghalaya invites you to slow down, reconnect with nature, and create memories that last a lifetime. Whether you're an adventure seeker, a nature lover, or simply looking to escape the ordinary, Meghalaya promises a journey unlike any other.

Shillong – The Scotland of the East

Perched amidst rolling hills and pine forests, Shillong is a destination where natural beauty meets urban charm. From vibrant cafés and live music venues to bustling local markets and panoramic viewpoints, every corner of the city has a story to tell. Discover colonial architecture, savor authentic Khasi cuisine, and experience the welcoming spirit of Meghalaya's capital. Whether you're looking

for a peaceful escape or a lively cultural experience, Shillong offers the perfect beginning to your journey.

Living Root Bridges – Nature's Greatest Engineering Marvel

Hidden deep within Meghalaya's lush rainforests lie the extraordinary Living Root Bridges, living masterpieces patiently grown over generations by the Khasi tribes. Unlike ordinary bridges, these remarkable structures continue to grow stronger with time, symbolizing the perfect harmony between humans and nature. Trek through scenic forest trails, cross crystal-clear streams, and immerse yourself in an adventure that exists nowhere else on Earth. It's not just a hike, it's an unforgettable journey into one of nature's finest creations.

Nohkalikai Falls – Witness the Majesty of India's Tallest Plunge Waterfall

Prepare to be captivated by the breathtaking beauty of Nohkalikai Falls, where powerful waters plunge dramatically from towering cliffs into a mesmerizing emerald-blue pool below. Surrounded by mist-covered valleys and panoramic viewpoints, this iconic waterfall is one of Meghalaya's most photographed natural wonders. Whether you're visiting during the monsoon to witness its full force or on a clear day to admire the stunning landscape, Nohkalikai promises an experience that leaves every traveler in awe.

Mawlynnong – Experience Asia's Cleanest Village

Step into a village where nature, cleanliness, and community come together in perfect harmony. Recognized as Asia's Cleanest Village, Mawlynnong is a shining example of sustainable living. Wander through beautifully maintained pathways lined with colorful flowers, interact with the warm and welcoming Khasi community, and enjoy breathtaking views from the famous Sky View Point. Every corner reflects the pride and care of its people, making Mawlynnong a truly inspiring destination.

Dawki – Sail Across the Crystal-Clear Waters of the Umngot River

Discover one of India's most magical natural wonders, where the waters of the Umngot River are so incredibly clear that boats appear to float effortlessly in

mid-air. Enjoy a peaceful boat ride surrounded by lush green hills, capture postcard-perfect photographs, and experience the serenity that has made Dawki one of Meghalaya's most iconic attractions. It's a place where every moment feels surreal, and every view is picture-perfect.

Caves, Waterfalls, Forest Trails & Authentic Khasi Culture

Meghalaya is a paradise for travelers seeking adventure, nature, and culture in equal measure. Explore mystical limestone caves, trek through dense forests, discover hidden waterfalls, and witness landscapes untouched by time. Beyond its natural beauty, immerse yourself in the rich traditions of the Khasi people through authentic local cuisine, vibrant festivals, traditional villages, and heartfelt hospitality. Every experience is thoughtfully curated to showcase the very best of Meghalaya, ensuring your journey is as meaningful as it is unforgettable.

Sample Itinerary

Meghalaya — 6 Days / 5 Nights

Leisure & Family Escape | Curated by All 4 Season

Featuring: Vivanta Meghalaya (Shillong) | Ri Kynjai – Serenity by the Lake (Uiam) | Polo Resort (Cherrapunji)

Trip Snapshot

Duration 6 Days / 5 Nights
Sector Guwahati (arrival) — Shillong — Uiam Lake — Cherrapunji — Guwahati (departure)
Trip Type Leisure / Family
Nights 1N Vivanta Shillong · 2N Ri Kynjai · 2N Polo Resort

Day 1 — Arrival | Guwahati to Shillong

Arrive at Lokpriya Gopinath Bordoloi International Airport, Guwahati
Scenic drive to Shillong (approx. 3 hrs) via Barapani
Check-in at Vivanta Meghalaya, Shillong
Evening at leisure — explore Police Bazar / Ward's Lake promenade
Courtyard by Marriott Shillong

Day 2 — Shillong Sightseeing to Umiam Lake

Morning city tour: Elephant Falls, Shillong Peak (city's highest viewpoint), Don Bosco Centre for Indigenous Cultures

Afternoon transfer to Umiam Lake (approx. 30 mins)

Check-in at Ri Kynjai – Serenity by the Lake

Evening at leisure by the lake — sunset views from the cottage deck

Overnight at **Ri Kynjai (5 star Hotel)**

Day 3 — Umiam Lake | Leisure Day

Full day at leisure at Ri Kynjai

Optional: boating/kayaking on Umiam Lake, nature walks around the resort

Family-friendly relaxed pace — ideal for unwinding between sightseeing legs

Overnight at Ri Kynjai

Day 4 — Umiam to Cherrapunji (Sohra)

Morning transfer to Cherrapunji (approx. 2.5 hrs)

Check-in at Polo Resort, Cherrapunji

Visit Seven Sisters Falls (Nohsngithiang Falls) — right by the property

Evening: cliffside dinner at the resort's Sky Grill, optional bonfire

Overnight at Polo Resort

Day 5 — Cherrapunji Full-Day Exploration

Visit Mawsmai Caves (family-friendly limestone caves)

Explore Nohkalikai Falls, one of India's highest plunge waterfalls

Visit a living root bridge (Mawlynnong or a shorter root-bridge trek suited to families)

Optional: Dawki & Umngot River for the famous "clear water boat ride" (weather-dependent in monsoon)

Overnight at **Polo Resort (5 star hotel)**

Day 6 — Departure

Breakfast at leisure

Check-out and scenic drive back to Guwahati Airport (approx. 5–5.5 hrs) — plan for an evening flight

Departure with memories of the Abode of Clouds

Hotel Highlights

Vivanta Meghalaya, Shillong — Iconic IHCL/Taj-brand luxury in the heart of Shillong; contemporary design with Khasi cultural touches; ideal first-night base with strong dining and city access.

Ri Kynjai – Serenity by the Lake — Boutique lakeside cottages on Umiam Lake; Meghalaya's most photogenic luxury property; slow-paced, family-friendly serenity.

Polo Resort, Cherrapunji — Hilltop resort perched over the Seven Sisters Falls; private plunge pools, cliffside dining, and Meghalaya's most dramatic setting — a fitting finale to the trip.

Notes

Best season for this itinerary: July–September (monsoon, waterfalls at peak) or October–April (clear skies, better road visibility)

Drive times are approximate and weather-dependent given hill terrain

Root bridge trek can be adjusted for fitness level/family with children — shorter alternatives available near

Unique Experience:

https://www.instagram.com/reel/DPRHGSriUrs/?utm_source=ig_web_copy_link&igsh=NTc4MTIwNjQ2YQ==